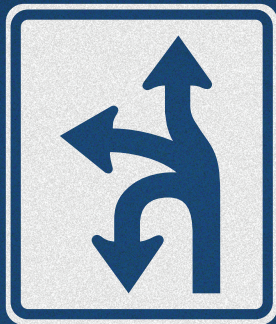


IMPORTED FLOWS
THREE PRONGED FORK



MPORTED FLOWS... THE ALBUM FINALLY DROPS

Over the past couple years, **C-Doc** has brought with him an incredible group of releases that he's been involved with.

Mported Flows' new album is no exception.

Originally set for release back in 2007, for whatever reason it never officially saw the light of day. It's a shame, too, because it deserves an audience.

It's truly a pleasure for me to finally be the one who brings you **"Three Pronged Fork"**. Unlike what mainstream rap fans have come to expect, Mported Flows is an MC with plenty to say. Whether it's about the state of Hip-Hop in **"Gangstas, Guns, Liquor"** and **"Mic Drones"**, providing advice in **"Advice"**, speaking about the love for his son in **"Sonny Morning"** or getting deeply introspective on **"Last Track"**, there's no question about whether his lyrics spring from his soul or not. Add to that the solid

production throughout and you've got a must hear album.

Hip-Hop never went away... I know that... but still... Hip-Hop IS back. Bump this.

Thanks to Mported, C-Doc and everyone else involved in the making of this album. Incredible work.

Of course, thanks again to you for downloading and listening. I hope we continue to deliver the music you love. Please spread the word about blocSonic, if you enjoy what we do. Remember... everything we release is cool to share! Always keep the music moving... share it... blog it... podcast it! If you're in radio... support independent music and broadcast it! We don't stop.

Peace

Mike Gregoire

Founder/Curator blocSonic.com



EXECUTIVE PRODUCERS
IMPORTED FLOWS AND C-DOC

Mastered by Stu Beetle at HWIC Musicworks

Photography by Maura Snyder and Christopher Michael



1 **WHERE AM I?** 1:13

Written by M. Porter

Produced by Pete Fatcap

Recorded & mixed by Mported Flows at Monster's Garage

2 **GANGSTAS, GUNS, LIQUOR** 3:01

Written by M. Porter & DC Snyder

Produced by C-Doc for DefBeat Posse Productions, ID!🔪

Recorded & mixed by C-Doc at The Apartment

Cuts by C-Doc

3 **ADVICE** 4:02

Written by M. Porter

Produced by Keith Watts

Recorded by Mported Flows at Monster's Garage

Mixed by C-Doc at The Apartment

4 **MASTER PLAN (FEATURING C-DOC)** 5:19

Written by M. Porter & DC Snyder

Produced by C-Doc for DefBeat Posse Productions, ID!🔪

Recorded & mixed by C-Doc at The DefBeat Tower, Kittanning, PA

Guitar by CK9

Cuts by DJ President Ike

5 TRIUMVERATE PART I 2:39

Written by M. Porter

Produced by Ian

Recorded by C-Doc at The Apartment

Mixed & arranged by C-Doc at DBS120

6 SONNY MORNING 3:52

Written by M. Porter & C. Kratt

Produced by Mported Flows

Recorded & mixed by C-Doc at The Apartment

Guitar by CK9

Backup vocals by Armand Armandollar

7 HIP-HOP LIVES (YOUR MEDIA'S DEAD) 3:35

Written by M. Porter

Produced by Ian

Recorded & mixed by C-Doc at The Apartment

Cuts by DJ President Ike

8 THAT'S HOW IT GOES (FEATURING TAH PHRUM DUH BUSH & LOWDOWN) 4:51



Written by DC Snyder, M. Porter, B. Whitty & J. Howze
Produced by C-Doc for DefBeat Posse Productions, ID!👊
Recorded by C-Doc at The Apartment & Tah Phrum Duh Bush in Flatbush, NY
Mixed by C-Doc
Cuts by C-Doc

9 **MIC DRONES (XTRARAW MIXX)** **(FEATURING ILLUS)** 3:42

Written by M. Porter, A. Wallenta & DC Snyder
Produced by Pete Fatcap & C-Doc
Recorded by Mported Flows at Monster's Garage and Illus at The Net
Mixed & arranged by C-Doc at The Apartment
Cuts by C-Doc

10 **WORSHIP ME (AFTER SHOW CYPHER)** **(FEATURING LEAF ERIKSON** **AND TIRADE)** 3:59

Written by M. Porter, J. Howze & C. Erikson
Produced by Leaf Erikson
Recorded by Mported Flows at Fat Jake's

11 **LAST TRACK** 5:33

Written by M. Porter, DC Snyder & S. Franklin
Produced by C-Doc for DefBeat Posse Productions, ID!👊

Recorded & mixed by C-Doc at The Apartment

Piano by C-Doc

Guitar by Shawn Franklin of The Scallions

12 EXIT STAGE LEFT 7:15

Written by M. Porter

Recorded & mixed by C-Doc at The Apartment

WORSHIP ME (REMIXX) (FEATURING PHON-X, SNEAKY PETE & PVT MILITANT)

Remixed by C-Doc



MPORTED FLOWS ONLINE:

<http://www.blocsonic.com/artist/mported-flows>

<https://myspace.com/beyourselfrecords>



ALSO AVAILABLE BY
IMPORTED FLOWS

(click image to visit release page)



**IMPORTED FLOWS
ADVICE**

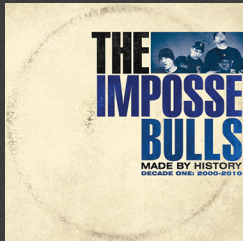
ALSO AVAILABLE BY
TWENTY-ONE: TWENTY-FOUR

(click image to visit release page)



ALSO AVAILABLE BY
THE IMPOSSEBULLS

(click image to visit release page)





**THANK YOU TO
MATT 'IMPORTED FLOWS' PORTER
AND DAVID 'C-DOC' SNYDER.**

This work is licensed under a



Creative Commons license

Package & PDF designed by nvzion.com



BSOG0029 / © September 2013 blocSonic.com