

IF WE WISH OUR BROTHER
JO WAS HERE WE WISH
**CHEESE
+ POT-C**





DISC A

1 CNP SHOW THEME SONG INSTRUMENTAL 1:00

Beats: Cheese

2 TAKE IT PERSONAL PAN PIZZA PARTY (FEATURING DONNIE OZONE AND LIL NICKY) 3:01

Beats & Cuts: Cheese

Rhymes: Pot-C, Cheese & Donnie Ozone

Pizza Helper: Lil Nicky

3 SPOT 2:29

Beats & Cuts: Cheese

Rhymes: Cheese & Pot-C

4 RAP FOR THE WORLD THAT GIVES WORMS TO EX-GIRLFRIENDS 4:38

Beats & Cuts: Cheese

Rhymes: Cheese & Pot-C

For those who just don't get it around here:

<https://www.youtube.com/watch?v=6hZ56mHLKB0>

5 RHYTHM NOISES 2:41

Beats: DJ TrxMechaniX

Rhymes & Cuts: Cheese

6 RUNNING WILD
(FEATURING LINDA & RHIANNA LASHIN) 3:11

Beats & Cuts: Cheese

Rhymes: Cheese & Pot-C

Hook Vocals: Linda & Rhianna Lashin

7 JUST MAYBE 3:19

Beats & Cuts: Cheese

Rhymes: Cheese & Pot-C

8 MANIFEST
(FEATURING 34PRO AND HIGHOUT) 4:06

Beats & Cuts: Cheese

Rhymes: Cheese, 34Pro, Highout & Pot-C

9 CRISPY BACON 3:21

Beats & Cuts: Cheese

Rhymes: Cheese & Pot-C

10 FUKUI
(FEATURING DONNIE OZONE) 4:23

Beats & Cuts: Cheese

Rhymes: Cheese, Pot-C & Donnie Ozone

11 WE DID IT!
(FEATURING TIMEZONE LAFONTAINE, YUK MC AND S-MASTER) 5:54

Beats & Cuts: Cheese

Rhymes: Timezone LaFontaine, Yuk MC, Pot-C, Cheese & S-Master

12 NEW JAZZ CAPS
(FEATURING 34PRO AND HIGHSNOW) 4:52

Beats & Cuts: Cheese

Rhymes: 34Pro, Cheese, Highsnow & Pot-C

13 PUT IT ON THE CARD 3:06

Beats & Cuts: Cheese

Rhymes: Cheese & Pot-C

14 CNP AT THA SAME TIME PART 2 3:38

Beats: Pot-C

Cuts: Cheese

Rhymes: Cheese & Pot-C

15 BOUNCED 2:56

Beats: Tycoon

Cuts: Cheese

Rhymes: Cheese & Pot-C

16 TURVY TOPS
(FEATURING HIGH-588) 3:46

Beats & Cuts: Cheese

Rhymes: Cheese, High-588 & Pot-C

17 MAYBE THE POET 2:56

Beats & Cuts: Cheese

Rhymes: Cheese & Pot-C

18 GLS 3:33

Beats, Rhymes & Cuts: Cheese

19 ALL WE NEED 3:24

Beats & Cuts: Cheese

Rhymes: Cheese & Pot-C

20 WHATEVER THE CASE MAY BE
(FEATURING T-PICK) 3:10

Beats: BiggaThomas

Cuts: Cheese

Rhymes: Cheese & T-Pick

21 UCL 3:39

Beats & Cuts: Cheese

Rhymes: Cheese & Pot-C

22 ZAPPED 3:22

Play Button Presser: Cheese

DOODS: Willie Ames & Scott Baio

B DISC

1 DETOUR 3:17

Beats & Cuts: Cheese

Rhymes: Cheese & Pot-C

2 DISTANT LOVER 3:25

Beats & Cuts: Cheese

Rhymes: Cheese & Pot-C

3 KAI

(FEATURING SHIBUMI AND CRAZY-B) 3:39

Beats: Shibumi

Rhymes: Cheese, Shibumi & Pot-C

Hook: Crazy-B

4 EXTREME THINGS & STUFF 3:23

Beats & Cuts: Cheese

Rhymes: Cheese & Pot-C

5 THE RUSTY BARNACLE 1:59

Beats: BiggaThomas

Cuts: Cheese

6 E-BEAGLEZ
(FEATURING L-MEGA AND LIL NICKY) 4:43

Beats & Cuts: Cheese

Rhymes: Cheese, Pot-C & L-Mega

News: Lil Nicky

7 BOOM BAP JAZZ
(FEATURING LIL NICKY) 3:41

Beats: Mr. Moods

Rhymes: Cheese & Pot-C

Da Giggla: Lil Nicky

8 VINCENT PRICE IS RIGHT 2:25

Beats, Rhymes & Cuts: Cheese

9 RAZZLE DAZZLE
(FEATURING JJ) 3:29

Beats & Cuts: Cheese

Rhymes: Cheese & Pot-C

Da Giggla Too: JJ

10 WGO
(FEATURING TIMEZONE LAFONTAINE, HIGHSNOW, CM AKA CREATIVE,
34PRO, C-DOC, MARCUS J AND DONNIE OZONE) 6:32

Beats: Cheese

Rhymes: Timezone LaFontaine, Pot-C, Highsnow, CM aka Creative, 34Pro,
C-Doc, Marcus J, Cheese & Donnie Ozone

11 OUT THE BASEMENT 3:11

Beats: DJ TrxMechaniX

Rhymes & Cuts: Cheese

12 BRANE CRASH 2:58

Beats & Cuts: Cheese

Rhymes: Cheese & Pot-C

13 BARGAIN BEAT
(FEATURING L-MEGA) 3:12

Beats: Pot-C

Cuts: Cheese

Rhymes: Cheese & L-Mega

14 SCOWLITZ CREW 4:10

Beats, Rhymes & Cuts: Cheese

15 RAYMOND LIVES
(FEATURING 34PRO) 4:41

Beats & Cuts: Cheese

Rhymes: 34Pro, Cheese & Pot-C

16 CNP AT THA SAME TIME SAN KAI 2:36

Beats & Cuts: Cheese

Rhymes: Cheese & Pot-C

17 ELEVATED 2:38

Beats & Cuts: Cheese

Rhymes: Cheese & Pot-C

18 NOMIHODAI-YI-YI-YI 2:41

Beats: klyde aka the artist U really don't wanna know

Rhymes: Pot-C & Cheese

19 MAKIN' FACES
(FEATURING KFC) 3:18

Beats: Pot-C

Cuts: Cheese

Rhymes: Cheese, KFC & Pot-C

20 OUTRO 3:12

Beats & Rhymes: Cheese

All songs © 2017 Zeopolis Productions

Recorded at Cheese's Funzone in Kagoshima City and Pot-C's Palace in Kanoya City, Japan.

All guests contributions © of the individual artists.



SHOUT OWTS

DeeJay Gribu & Jeru and the Fam' on all sides, Lil Nicky, Drunky Brooster, The PUCK cru, SJE crew, Scowlitz Posse (Cal, Damien, JR & Rich, Rob, Joey and Rest in Peace Evan and Gerald Thomas), Joe Champagne, Wally Badarou, Diane & Gerald Charlie, the Kag crew, Megusta, CM aka Creative, Highsnow, Highout, 34 PRO, Donnie Ozone, The Impossebulls, Timezone LaFontaine, S-Master & James Esco, Yuk MC, Tycoon, Dj Trx MechaniX, Mr.Moods, L-Mega, Hi-588, Biggathomas, Bumi and Crazy-B, DJ Boss at Soul Masters Cafe, T2 n' Benzo, Kohei Kakimoto, Linda & Rhianna Lashin, KFC, T-Pick n.k.a. Dupiter, TA2MI, Tom Crawshaw and all the staff at Camp Crazy, Who Dat Da' Lurker, Phreniq & Truck T and everyone who has ever or will ever exist. As always, mega-bloc props to Mike and the blocSonic fam for the support, promotion, graphic design, web hosting, schedule juggling, blogging, never-sleeping, eagle eyes on the interwebs.

Rest in peace to fam we lost over the past year : our brother Joe, our pops, our Uncle Barry and our Aunt Leanna

We also lost a member of our blocSonic fam this year: Rest in peace to The Honorable Sleaze, who was planning to join us and the crew on WGO. We'll have to do it when we catch up with you!



CHEESE N POT-C ONLINE

<http://blocsonic.com/artist/cheese-n-pot-c>

<http://zeopolis.jp>

<https://www.facebook.com/cheesenpotc>

<http://www.reverbnation.com/cheesenpotc>

<https://archive.org/details/zeopolisproductions>





AVAILABLE SEPTEMBER 29TH BY **CHEESE N POT-C**

(click image to visit blocSonic)



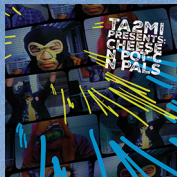
AVAILABLE SEPTEMBER 26TH BY **LOWdown**

(click image to visit blocSonic)



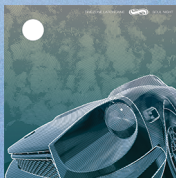
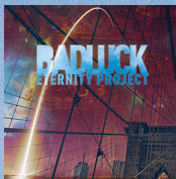
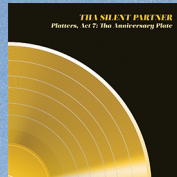
ALSO AVAILABLE BY **CHEESE N POT-C**

(click image to visit release page)



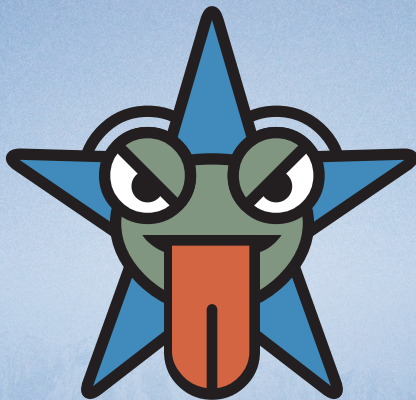
MORE ALBUMS AVAILABLE AT **blocSonic**

(click image to visit release page)





THE blocSonic HOT LIST



Tune in everyday at Starfrosch.com!

(click for more information and netcast times)







A VERY SPECIAL THANKS GOES OUT TO CHEESE, POT-C AND
ALL COLLABORATORS ON THIS HUMONGOUS ALBULATION!

MY SINCERE CONDOLENCES GOES OUT TO THE WARNER FAMILY.

- Mike Gregoire, **blocSonic**

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